

COACH EDUCATION INFORMATION PACK

SUPPORTED BY







MARIJKE FLEUREN

EHF PRESIDENT

"On behalf of the European Hockey Federation I would like to extend a warm welcome to you, the European Hockey family.

The European Hockey Federation is committed to ensuring that hockey continues to be a sport where education, support and training is available at every level of your journey.

These following programmes are an important part of our educational activities, and we continue to grow our offers with each passing year.

We are very proud to have developed the following framework. Every level of the game must be supported by enjoyable, interactive and professional programmes with clear outcomes. I am positive that you will be engaged, empowered and inspired through your own journey.

To our stakeholders the National Associations of Europe, the EHF Educators and all the volunteers and staff at the EHF thank you for your contributions towards this impressive set of educational programmes.

To all the participants, I wish you great learning, improvement and not least fun. I look forward to seeing and hearing about all that takes place.

Enjoy & build friendships for life!"



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EHF WORLD CLASS EDUCATION

MISSION

GOAL



BUILD UPON THE PROGRAMME LEGACY FROM THE PAST DECADE

Creating a systematic educational framework which engages equitable and equal learning opportunities, providing even more high-quality coaches, across more nations at each level of the game.

EXPECTATION



THAT EVERY COACH IS RESPONSIBLE FOR THEIR OWN DEVELOPMENT

EHF will support and facilitate this by offering a world-wide network, inspiring workshops, on-the-job training and opportunities to progress.

PRINCIPLES

WHAT



AN INTERACTIVE FRAMEWORK
With defined intellectual outcomes.

WHO



FOR EVERYONE

At every level.

WHERE

WHEN



CONNECTED ACROSS EUROPE

To inspiring events.



SCHEDULED MODULES AND SEMINARSEach year for each programme.

WHY



EQUITABLE AND FAIR LEARNING Environments for all.

HOW



NEW MODULE LEARNING OUTCOMES Fun, freedom and inspiration.

PILLARS

GLOBALLY RECOGNISED MENTORS AND EDUCATORS



APPOINTED BY THE EHF AND WILL WORK WITH EACH COACH

Special Guests from across the world of sport and business.

LEARNING AND SHARING KNOWLEDGE



A NEW MULTI-DIMENSIONAL MODULAR BASED APPROACH

Integrated with practical innovation.

PROMISING INDIVIDUALS



WILL BE HIGHLIGHTED BY MENTORS AND EDUCATORS

In conjunction with the EHF Coaching Committee.

TECHNOLOGY



USE AND INTEGRATION WITH ALL TECHNOLOGICAL SYSTEMS

Used globally across coaching.

EXPERIENCE



ENVIRONMENTS AND CULTURES

Across all the member nations of the European Hockey family.



RESOURCE & LEARNING TOOL



Participants and educators on the EHF programmes have individual profiles via the Coach Logic platform. Used for feedback, assessment and evaluation purposes.

Coach Logic is a collaborative learning platform for sports teams where everyone's an analyst.

UPLOAD VIDEOS



It's quick and easy to get your footage onto Coach Logic, in any video format. It's then available on the cloud, allowing your players to access it at a time convenient to them.



MATCH REVIEW

Video is a very powerful coaching asset. By engaging players in the process of match review they will improve their understanding of their own and their teams' skill-sets.

ENCOURAGE DISCUSSION

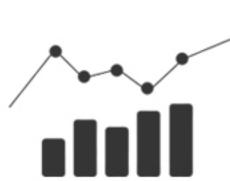


Get valuable insight into what your players know by discussing key match moments. Coach Logic allows you to drive collaboration, with direct or group-wide messaging.

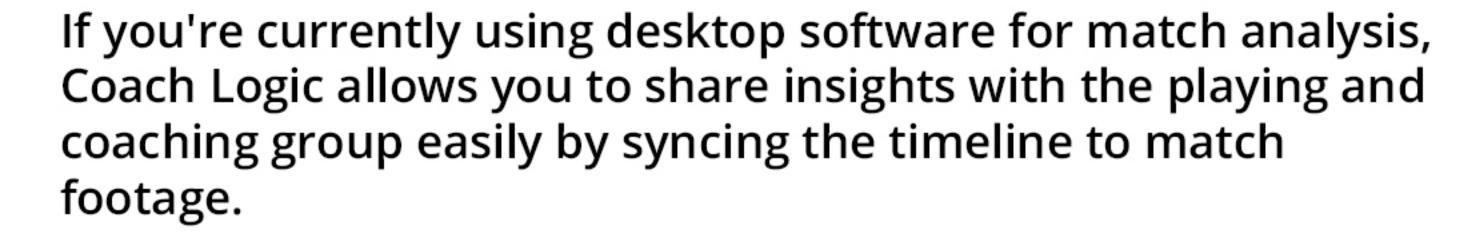


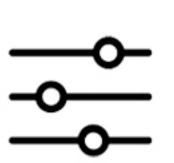
UPLOAD

Nothing gets lost. Cloud storage allows you and your players to access footage - any time, any place, any device.



OFFLINE ANALYSIS INTEGRATION





FILTERS AND PLAYLISTS

Video tagging, filters and playlists allows you to highlight objectives for the team and individual development, breaking up the game into the key moments for easy navigation.





FRAMEWORK

EHFTOP COACHES PROGRAMME

FIH ACADEMY LEVEL 4

Coaches must be at OR aspiring to coach at

- Top European Clubs (and/or)
- National Teams from U21 upwards.
- See page 11 & 12 for more detail.

Two Year Programme

Nominated by National Associations Selected by EHF Coaching Committee

EHF COACHES FOR EUROPE

FIH ACADEMY LEVEL 3

Coaches must be at OR aspiring to coach at

- Good European Clubs (and/or)
- National Teams from U14 upwards.
- See page 13 & 14 for more detail.

Two Year Programme

Nominated by National Associations Selected by EHF Coaching Committee

EHF COACHES FOR NATIONS

FIH ACADEMY LEVEL 1 AND 2

EVERYONE interested in developing coaching

National Federation contacts EHF directly to discuss bespoke options



PROGRAMME LEVEL GUIDE

EHF TOP COACHES PROGRAMME

EHF COACHES FOR EUROPE

Highlighted are the minimum levels a coach should hold for a nomination onto either of the above programmes.

Please use the FIH Academy as a guidance if your nation is not listed.

It is the responsibility of the National Association to nominate coaches onto these programmes.

National Associations provided this information in consultation meetings with the EHF for their own guidance

BELGIUM (VHL)	BELGIUM (LFH)	SPAIN	FRANCE	FIH ACADEMY	GERMANY	GREAT BRITAIN	IRELAND	NETHERLANDS
ASPIRANT-INITIATOR	Animateur	BASIC	LEVEL 1	LEVEL 1	LEVEL C	INTRO	FUNDAM	BASIC
INITIATOR	INITIATOR	LEVEL 1	LEVEL 2	LEVEL 2	LEVEL B	SESSIONAL	LEVEL 1	HT2 Youth
INSTRUCTEUR B	Educateur	LEVEL 2	VOL. DIPLOMA	LEVEL 3	LEVEL A	COACH	LEVEL 2	HT2 11v11
Trainer B	Entraineur	LEVEL 3	PRO.DIPLOMA	LEVEL4	DIPLOMA	ADVANCED	LEVEL 3	HT3
TRAINER A			PERFORMANCE	HP				HT4



COACHES FOR EUROPE

COACH EDUCATION

COACHES FOR EUROPE (EHF C4E)

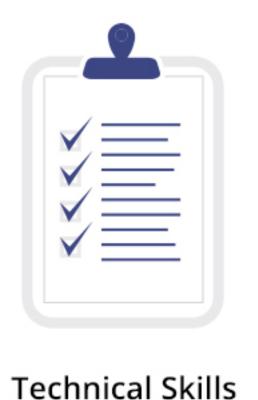
OVERVIEW

The EHF C4E is an international coaching programme designed to encourage the coach to think about the philosophy of coaching through individual technical, individual tactical and team tactics. For coaches who have already advanced their development and showing potential to become high performing within their chosen environment.

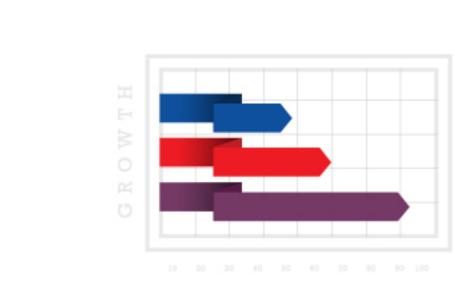
LEARNING

A comprehensive blended learning approach through a mixture of face to face seminars and online workshops. With dedicated mentors and group work between year 1 and year 2 cohorts. Participants will be mentored by globally recognised EHF trained educators. Inspiration and learning will also be provided through engagement with special guests from sport and business.





How & When





Introducing

video analysis



Core skill improvements

Presentations skills to teams

CRITERIA

Coaches must be at OR aspiring to coach at

- Good European Clubs (and/or)
- National Teams from U16 upwards.

HOW

National Association nominates



2 YEAR PROGRAMME

ANNUAL NOMINATIONS BY NATIONAL ASSOCIATIONS

The EHF announce each October the new cohort



30 PARTICIPANTS

GENDER BALANCED

All EHF National Associations eligible



AGE INDICATION

18+

Exceptions taken on a case by case basis



EHF INSTITUTE CERTIFIED

FIH ACADEMY LEVEL 3

EHF trained educators and mentors



1090 PER COACH PER YEAR INVOICED TO NA's

1600 REAL COST TO EHF PER COACH PER YEAR
The difference is funded by the EHF Solidarity grant

LANGUAGE



THE PROGRAMME WILL BE CONDUCTED IN ENGLISH

Participants must speak, write and present in English



FOUR EUROPEAN BASED SEMINARS

FOUR DIFFERENT LOCATIONS

Attached to EHF approved events and competitions



WORLD CLASS EDUCATORS

1:1 MENTORING

Multiple World Class guest contributors



VIDEO ANALYSIS

ACCESS TO COACH LOGIC & EHF WEBINAR SERIES

Including practical reviews of live matches



COACHES FOR EUROPE

COACH EDUCATION

COACHES FOR EUROPE (EHF C4E)

GENERAL TOPICS

SEMINAR 1 YEAR 1

Individual Technical Skills



How to present and why it matters as a hockey coach



2. Individual Technical Principles



3. Basics of Coaching Individual Technical Skills



4. Basics of Coaching Individual GK Technical Skills

SEMINAR 2 YEAR 1

Individual Offensive Tactical Skills



5. How to coach, why we coach is important



6. Individual Tactical Coaching (Offensive principles with defensive analysis)



7. Differences in individual tactical analysis principles



8. Basics of Coaching Individual GK Tactical Skills

SEMINAR 1 YEAR 2

Individual Defensive Tactical Skills



The art of communication; watch, listen, ask, explore



10. Individual Tactical Coaching. (Defensive principles with offensive analysis)



11. Talent Development



12. Technology: Why and what to use to support your coaching

SEMINAR 2 YEAR 2

Team Tactics



13. Importance of Individual skills in team tactics



14. Applying different models for team tactics



15. How to use technology for team tactics



16. Summary of individual & team technical and tactical skills



COACHES FOR EUROPE (EHF C4E)

SUNDAY 20TH FEBRUARY

14TH TO 18TH MARCH

APRIL

ONLINE WORKSHOP 1

C4E: TECHNICAL & TACTICAL TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 1

C4E: TECHNICAL (YEAR 1) OFFENSIVE (YEAR 2) **TIME:** 13:00 (14TH) TO 13:00 (18TH)

ONLINE DEBRIEF 1

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

SUNDAY 31ST JULY

22ND TO 26TH AUGUST

SEPTEMBER

ONLINE WORKSHOP 2

C4E: TECHNICAL & TACTICAL TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 2

C4E: DEFENCE (YEAR 1)
TEAM TACTICS (YEAR 2)
TIME: 13:00 (22ND) TO 13:00 (26TH)

ONLINE DEBRIEF 2

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

OCTOBER

NOVEMBER

DECEMBER

CALL OPENED FOR NEW NOMINATIONS

WHO FOR: FOR NEW YEAR 1 COACHES

NOMINATIONS: BY EHF NATIONAL ASSOC

AVAILABLE PLACES: 16 **GENDER BALANCED:** 50/50

SELECTION CONFIRMED

DECISION BY: EHF COACHING COMMITTEE **MODERATED BY:** EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 22

CURRENT YEAR 2: COHORT 21

PLACE CONFIRMED

CONFIRMED BY: NEW YEAR 1: COHORT 22

MODERATED BY: EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 22

CURRENT YEAR 2: COHORT 21

CYCLES

2

COACHES FOR EUROPE (EHF C4E)

SUNDAY 26TH FEBRUARY

20TH TO 24TH MARCH

APRIL

ONLINE WORKSHOP 1

C4E: TECHNICAL & TACTICAL TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 1

C4E: TECHNICAL (YEAR 1) OFFENSIVE (YEAR 2) **TIME:** 13:00 (20TH) TO 13:00 (24TH)

ONLINE DEBRIEF 1

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

SUNDAY 30TH JULY

21ST TO 25TH AUGUST

SEPTEMBER

ONLINE WORKSHOP 2

C4E: TECHNICAL & TACTICAL TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 2

C4E: DEFENCE (YEAR 1)

TEAM TACTICS (YEAR 2)

TIME: 13:00 (21ST) TO 13:00 (25TH)

ONLINE DEBRIEF 2

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

OCTOBER

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CURRENT YEAR 2: COHORT 21

PLACE CONFIRMED

CONFIRMED BY: NEW YEAR 1: COHORT 22

MODERATED BY: EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 22
CURRENT YEAR 2: COHORT 21

-YCLE 3

2

COACH EDUCATION

TOP COACHES PROGRAMME (EHF TCP)

OVERVIEW

The EHF TCP is an international coaching programme designed to encourage the coach to think about elite coaching principles and the practical implementations through from on field tactics to philosophy of managing elite teams. Developing their ambition to deliver World Class Performances. For coaches who have already or have set their site of coaching within elite clubs and / or National teams.

LEARNING

A comprehensive blended learning approach through a mixture of face to face seminars and online workshops. With dedicated mentors and group work between year 1 and year 2 cohorts. Participants will be mentored by globally recognised EHF trained educators. Inspiration and learning will also be provided through engagement with special guests from sport and business.













Performance

Managing staff & athletes

Live match analysis

Lifestyle & recruitment

Team Year

CRITERIA

Coaches must be at OR aspiring to coach at

- Top European Clubs (and/or)
- National Teams from U21 upwards.

HOW

National Association nominates



2 YEAR PROGRAMME

ANNUAL NOMINATIONS BY NATIONAL ASSOCIATIONS

The EHF announce each October the new cohort



30 PARTICIPANTS

GENDER BALANCED

All EHF National Associations eligible



AGE INDICATION

Exceptions taken on a case by case basis



EHF INSTITUTE CERTIFIED

FIH ACADEMY LEVEL 4

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LANGUAGE



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Participants must speak, write and present in English

FOUR EUROPEAN BASED SEMINARS

FOUR DIFFERENT LOCATIONS



Attached to EHF approved events and competitions

WORLD CLASS EDUCATORS



Multiple World Class guest contributors

VIDEO ANALYSIS

ACCESS TO COACH LOGIC & EHF WEBINAR SERIES



Including practical reviews of live matches



OP COACHES PROGRAMIN

COACH EDUCATION

TOP COACHES PROGRAMME (EHF TCP)

GENERAL TOPICS

SEMINAR 1 YEAR 1

Principles



1. Technical & Tactical Principles



2. High Performance Coaching Principles



3. Principles for Performance & Physiology



4. Behavioural & Learning Principles

9

9. High Performance Culture

SEMINAR 1 YEAR 2

Culture



10. Leadership & Management



11. High performance physiology



12. Bad news' Player Meetings

SEMINAR 2 YEAR 1

Planning



5. High Performance Plans



6. Game Plan – Appointed U21 National Coach



7. How to work at International Tournaments



8. Team Tactics

Id

Identification

SEMINAR 2 YEAR 2



13. Development & Identification



14. Goalkeeper Integration & Identification



15. Using indoor to your advantage



16. Identifying in Game Strategies



TOP COACHES PROGRAMME (EHFTCP)

SUNDAY 9TH JANUARY

24TH TO 28TH JANUARY

FEBRUARY

ONLINE WORKSHOP 1

TCP: TALENT & LEADERSHIP **TIME:** 18:00 to 21:00 CET

PRACTICAL SEMINAR 1

TCP: PRINCIPLES (YEAR 1) CULTURE (YEAR 2) **TIME:** 13:00 (24TH) TO 13:00 (28TH)

ONLINE DEBRIEF 1

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

SUNDAY 8TH MAY

30TH MAY TO 3RD JUNE

JUNE

ONLINE WORKSHOP 2

TCP: TALENT & LEADERSHIP **TIME:** 18:00 to 21:00 CET

PRACTICAL SEMINAR 2

TCP: PLANNING (YEAR 1) IDENTIFICATION (YEAR2) **TIME:** 13:00 (30TH) TO 13:00 (3RD) ONLINE DEBRIEF 2

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

OCTOBER

NOVEMBER

DECEMBER

NEW NOMINATIONS

WHO FOR: FOR NEW YEAR 1 COACHES **NOMINATIONS:** BY EHF NATIONAL ASSOC **AVAILABLE PLACES:** 16

GENDER BALANCED: 50/50

SELECTION CONFIRMED

DECISION BY: EHF COACHING COMMITTEE MODERATED BY: EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 23 **CURRENT YEAR 2:** COHORT 22 PLACE CONFIRMED

CONFIRMED BY: NEW YEAR 1: COHORT 23 **MODERATED BY:** EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 23 **CURRENT YEAR 2:** COHORT 22

3

2

TOP COACHES PROGRAMME (EHFTCP)

SUNDAY 8TH JANUARY

31ST JAN TO 4TH FEB

FEBRUARY

ONLINE WORKSHOP 1

TCP: TALENT & LEADERSHIP
TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 1

TCP: PRINCIPLES (YEAR 1) CULTURE (YEAR 2) **TIME:** 13:00 (31ST) TO 13:00 (4TH)

ONLINE DEBRIEF 1

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

SUNDAY 30TH JULY

21ST TO 25TH AUGUST

SEPTEMBER

YCLE 2

3

ONLINE WORKSHOP 2

TCP: TALENT & LEADERSHIP
TIME: 18:00 to 21:00 CET

PRACTICAL SEMINAR 2

TCP: PLANNING (YEAR 1)
IDENTIFICATION (YEAR2)
TIME: 13:00 (21ST) TO 13:00 (25TH)

ONLINE DEBRIEF 2

REFLECTIVE MENTOR MEETINGS **DATE:** TBC BY MENTOR (30 MINUTES)

OCTOBER

NOVEMBER

DECEMBER

NEW NOMINATIONS

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PLACE CONFIRMED

CONFIRMED BY: NEW YEAR 1: COHORT 23

MODERATED BY: EHF STAFF AND LEAD

MENTORS

NEW YEAR 1: COHORT 23

CURRENT YEAR 2: COHORT 22



COACH EDUCATION TERMS & CONDITIONS

SUPPORTED BY





COACH EDUCATION

CRITERIA

To become a member of the EHF coach education programmes coaches are expected to comply with the following:

- Aged as stated per programme outline
- Have a good level of English written and verbal
- Commit to the programme fully
- Attend all seminars/workshops/programmes organised for participants.
- Be coaching actively within their National Federation
- Be prepared to share the knowledge within their nation.
- Communicate regularly with their mentor and/or educators.
- Create a personal development plan and keep it updated.
- Use the feedback and advice to develop and improve coaching performance.
- Use extra resources at their disposal to develop their coaching performance.
- Each participant must commit to the arrival and departure times:
 As outlined on the key delivery dates page in this document

General Requirements All EHF coaches must:

- (a) Be regularly active in their respective role/s at within an FIH-affiliated National Association, not necessarily their own, and active within a Continental Federation;
- (b) Have a complete and up-to-date knowledge and understanding of the relevant Rules of Hockey and Tournament Regulations and their application; and
- (c) Be able to understand and communicate in English.

Requirements In addition to the general requirements for all coaches specified above

(a) Must have IT skills and a working understanding of video analysis.

Terms and Conditions:

- a. The EHF will directly invoice the National Association of each participant selected for a programme
- b. Payment must be sent before the first seminar start date
- c. No refunds will be given if a participant misses a seminar
- d. Participants cannot switch to seminars in other years
- E Individuals may be nominated and selected multiple times for each programme
- F. The EHF Coaching Committee has the final decision on any nomination and/or selection for all programmes

The price per programme (per year) includes:

- a. Full board & accommodation where necessary
 - i. X2 Seminars (10days)
- b. Plus EHF online workshops access only for TCP and C4E participants
- c. Access to world class mentors and educators who lead the programme
- d. Individual online profile account to access material exclusive to the programme
- e. Global expert contributors / special guests from sport and business

The NA is responsible for booking the participants own flights/travel to each seminar

- a. This will be paid for by the National Association
- b. The EHF will NOT reimburse travel costs
- c. It is the responsibility of each participant to arrive at the venue of each seminar on time.
- d. The EHF will NOT pick up from airports or stations
- e. The EHF will plan carefully to ensure no extra hotel nights are needed where possible

The National Association is responsible for nominating participants to the relevant programmes

- a. The EHF does not accept nominations by individual coaches
- b. If a coach does not know who to contact at their National Association, then please contact the EHF



